

6th Annual Injury Prevention Symposium

Developing and Implementing Mental Health Emergency Action Plans in Elite Sport Environments



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MEDICINE**

Dr. Angel Brutus, LPCC, ACS, BC-TMH, CMPC®
Senior Mental Health Provider
Chula Vista Elite Athlete Training Center
United States Olympic & Paralympic Committee





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Definition of Crisis and Emergency

Crisis: Disruption or breakdown in typical pattern of functioning; acute and cannot be resolved by customary problem-solving resources; 24-72 wait is appropriate without placing self or others in jeopardy

Emergency: Sudden, pressing need, such as a life is in danger due to an accident, suicide attempt or imminent attempt or interpersonal violence; requires immediate attention by law enforcement, CPS or other professionals trained to respond to life-threatening events.



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United States Olympic & Paralympic Committee
1 Olympic Plaza
Colorado Springs, CO 80909

Mentalhealth@usopc.org
www.TeamUSA.org

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