

6th Annual Injury Prevention Symposium

Developing and Implementing Mental Health Emergency Action Plans in Elite Sport Environments



**USOPC
SPORTS
MEDICINE**

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History



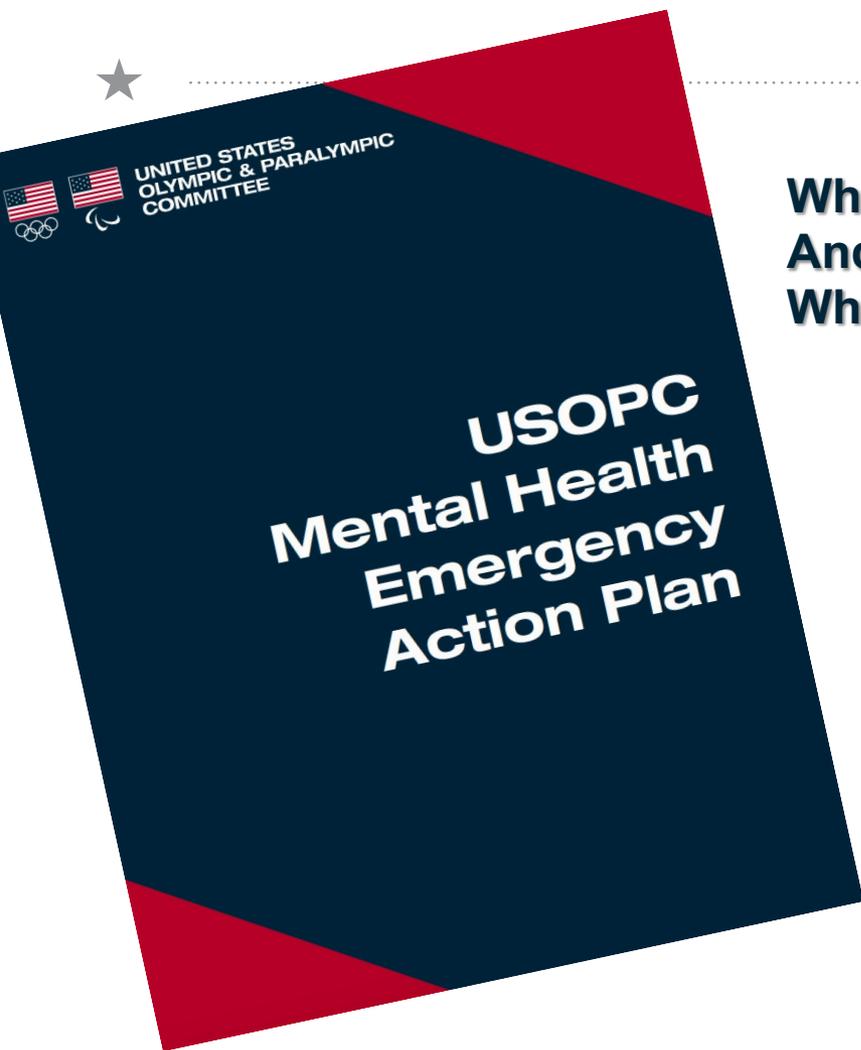
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Mental Health Emergency Action Plan (MH EAP)

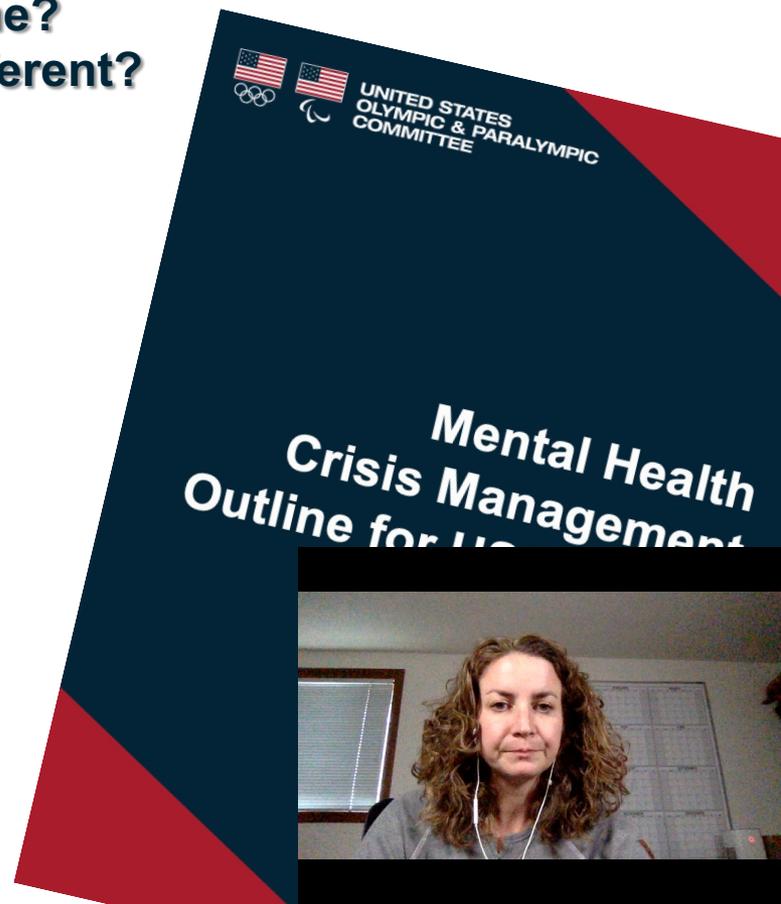
- USOPC External Mental Health Task Force + Mental Health Officers and USOPC Sport Psychologists
 - Combined and integrated more than 30 mental health emergency action plans from college and professional sport to create 60+ page document.
- Director, Mental Health Services reviewed, adjusted, approved, and distributed.
 - Initial introduction of MH EAP and quarterly 'hands on' trainings.
- 'Scrubbed' version and MH Crisis Management Outline distributed
 - NGB versions + USOPC r



Mental Health Emergency Action Plan (MH EAP)



**What is the same?
And what is different?
What next?**



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