

THE 2ND ANNUAL INJURY PREVENTION SYMPOSIUM

**Presented by the Steadman Philippon Research Institute and the United States Olympic Committee
Four Seasons Resort | Vail, Colorado | May 3 - 5, 2018**

Meeting Chairpersons:

Dr. Marc J. Philippon

Co-Chair of Steadman Philippon Research Institute and Managing Partner of The Steadman Clinic

Dr. William J. Moreau

Vice President of Sports Medicine for United States Olympic Committee

Thursday, May 3

4:00 – 8:00 pm Registration Open
5:00 – 6:30 pm **Welcome Reception** – Meadows Foyer

Friday, May 4

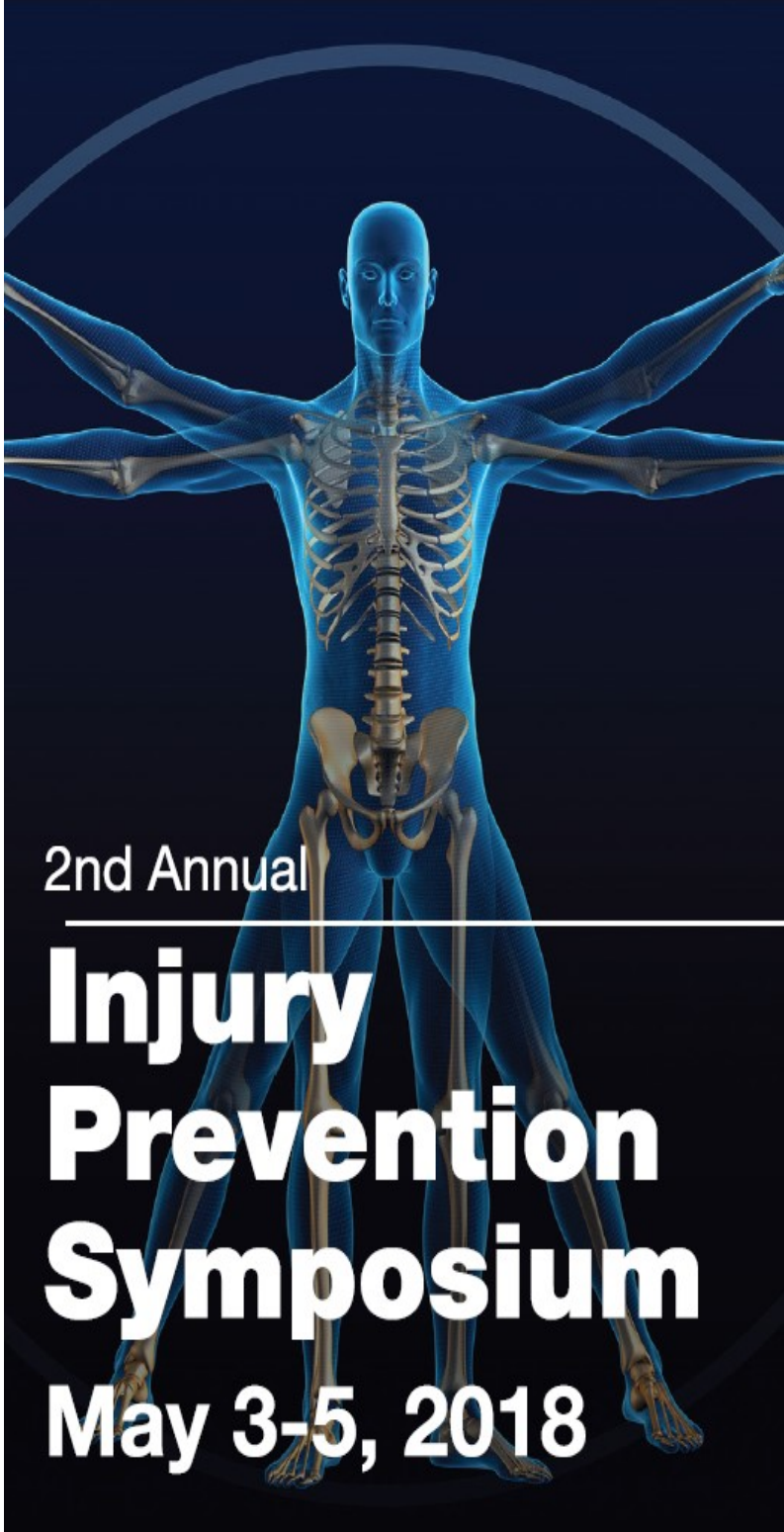
7:00 – 8:30 am **Breakfast** – Piney Room
7:30 am – 7:00 pm Registration Open
8:30 – 9:00 am **Welcome Address** – Bighorn Ballroom
Dr. Marc J. Philippon & Dr. Bill Moreau
9:05 – 10:15 am **Concussion Seminar** – Bighorn Ballroom
Dr. Bill Moreau – State of Concussion Screening
Dr. Chad Prusmack – Brains & Sprains – Preventing Injury at the Speed of Thought
Dr. Jeff Kutcher – Managing Athlete Brain Health for Return to Play
Dr. Carolyn Emery – Moving Upstream to Prevention in Youth Sport
10:30 – 11:45 am **Screening & Surveillance Programs** – Bighorn Ballroom
Dr. Dawn Comstock – High School Surveillance
Dr. Marc Philippon – Hip Screening to Identify the Hip At-Risk
Dr. Peter Millett – Injury Surveillance and Prevention in Alpine Ski Racing
Karen Briggs – Changes in Hip Bony Morphology over 2-3 years in Youth Hockey Players
Dr. Carolyn Emery – Injury Prevention in Youth Sport: Informing Best Practice & Policy
Noon – 1:00 pm **Lunch** – Piney Room
1:00 – 2:15 pm **Topics in Elite Athlete Injuries** – Bighorn Ballroom
Dr. Marc Philippon – Return to Sport in Elite Athletes Following Hip Surgery
Dr. Tom Hackett – Snowboard Injury Prevention
Dr. Travis Maak – Injury Mitigation in the NBA
Kyle Wilkens – Injury Surveillance at US Ski & Snowboard
Dr. Robert LaPrade – Multi-Ligament Knee Injuries in Elite Athletes

Friday, May 4 cont.

- 2:30 – 3:45 pm **Olympic Hour** – Bighorn Ballroom
Dr. Bill Moreau – US Coalition Research Projects
Dr. Dustin Nabhan – Tissue Loading
Dr. Amber Donaldson – The Paralympic Athlete
Keenan Robinson – USA Swimming Strategies to Protect Athlete Health
Johann Windt – Load Monitoring
- 5:30 – 6:30 pm **Reception** – Meadows Foyer
- 6:30 – 8:30 pm **Dinner** - Bighorn Ballroom
- 7:00 pm **Keynote Speaker** – Bighorn Ballroom
Julia Mancuso - Olympic Gold Medalist – Alpine Skiing
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Saturday, May 5

- 7:00 – 9:00 am **Breakfast** – Piney Room
- 7:30 am – 4:00 pm Registration Office Open
- 9:05 – 10:15 am **Biomechanical Insights into Injury and Prevention** - Bighorn Ballroom
Dr. Scott Tashman – Biomotion Frontiers & Opportunities for Prevention
Dr. Timothy Hewett – Biomechanics of ACL Injury
Dr. Donald Corenman – Biomechanics of the Lumbar Spine
Dr. Travis Maak – FAI Osseous Shape Modeling
- 10:30 – 11:45 am **The Physical Therapist's Perspective** - Bighorn Ballroom
Luke O'Brien – ACL Reinjury: Risk & Prevention
Dr. Tommy Haytmanek – Ankle Sprain Prevention
Lindsay Winninger – Know Your Athlete – From Physical Rehab to Psychologic Factors
Lauren Rust – Vestibular Training for Injury Prevention
Nico Brown – Epidemiology & a Criterion Based Return to Climbing Protocol
- Noon – 1:00 pm **Lunch** – Piney Room
- 1:15 – 2:15 pm **Hot Topics in Injury Research and the Sporting Environment** - Bighorn Ballroom
Grant Dornan – Prediction Modeling
Shellie Pfohl – SafeSport: Ensuring a Safe and Respectful Sporting Environment
Dr. Robert LaPrade – Early Sport Specialization
Brandie Martin – The Role of the Athletic Trainer
- 2:30 – 3:45 pm **Biologic Frontiers and Athletic Health, Performance & Prevention** – Bighorn Ballroom
Dr. Johnny Huard – Biologic Frontiers & Opportunities for Prevention
Dr. Thos Evans – Pain Management & Biologics Advances of Orthopaedic Injuries
Dr. Chelsea Bahney – Activating endogenous stem cells: can regenerative techniques translate to injury prevention?
Dr. David Kuppersmith – Common Sense Medicine
- 4:00 – 6:00 pm **Closing Reception** – Meadows Foyer



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